

SIDDHA CLINICAL RESEARCH UNIT, SAFDARJUNG HOSPITAL

OPD No: 109, 110

Main OPD Building, Safdarjung Hospital

Introduction

Siddha Clinical Research Unit, New Delhi, is one of the peripheral units of CCRS and started functioning on 27th February 2016 on the campus of Ayurveda & Unani Tibbia College, Karol Bagh, New Delhi. Thereafter shifted to Safdarjung Hospital Campus, which was inaugurated on Sep 13, 2019, by Former Hon'ble Minister of State (Independent Charge), Ministry of AYUSH, Shri Shripad Yesso Naik. At Siddha Clinical Research Unit, OPD and clinical Research Activities are being carried out. SCRUI offers general outpatient services, Geriatric OPD, Special Varmam and Thokkanam therapy Services for common public. Siddha Cancer OPD was inaugurated on 15th December 2021. SCRUI (CCRS) offers its extended Siddha OPD service at All India Institute of Ayurveda, Sarita Vihar (Fridays and Saturdays) since 2016, Integrated Cancer Care Unit under Centre of Integrative Oncology since 2019 on every Friday and on every Friday & Saturday since 2025, Swasthya Rakshan OPD at RK Ashram, Paharganj, New Delhi (Every Monday) since 2017. Swasthya Rakshan OPD at Sri Kanchi Kamakoti Peetam Cultural Centre, R.K Puram (Monthly once) on the third Saturday since 2021.

In addition to that, SCRUI, New Delhi has organized various Azadi Ka Amrit Mahotsav (AKAM) events for distribution of Siddha Prophylactic medicine, Amukkara Chooranam as part of the public health initiative by the Ministry of Ayush. Apart from the regular OPD, the SCRUI, New Delhi is actively involved in Pharmacovigilance activities, being one of the Siddha Peripheral Pharmacovigilance Centres (PPvC Code: 011). The Unit also concentrates on validation of ancient Siddha formulations through Clinical research, publication of research manuscripts and Books. SCRUI, New Delhi is also taking care of the administrative and financial accounts of AYUSH Wellness Clinic, President Estate, Rashtrapati Bhavan, New Delhi.

Activities of the Siddha Clinical Research Unit (SCR, New Delhi):

- Research Projects/Clinical Research Activities through Intra-mural Research projects
- National Pharmacovigilance Programme for Ayurveda, Siddha and Unani (ASU) Drugs
- Out-Patient Department Health care services and Speciality Clinics -Cancer OPD under Non-Communicable Diseases (NCD) and Geriatric Health Care
- Swasthya Rakshan Programme (SRP) OPD
- Miscellaneous activities such as awareness programmes on Government of India

Initiatives such as International Day of Yoga, Sewa Pakhwada, Poshan Abhiyan, Poshan Pakhwada, Hindi Pakhwada, Vigilance Awareness Week, Siddha Day Pre-Events, Constitution Day, etc

Objectives:

- **Outpatient Department Services**
- **Clinical Research:** Intra Mural Research (IMR) Projects

Doing clinical research on Siddha drugs and fundamental aspects of Siddha as per the IMR policy of Central Council for Research in Siddha (CCRS)

Services:

OPD services (Free Consultation, free distribution of Medicines).

OPD at Room No. 109,110, First Floor, Main OPD Building

Medicines Distribution – Siddha Pharmacy, Siddha OPD Premises, First Floor, Main OPD Building.

OPD Schedule:

General OPD: Monday to Saturday- 9.00 A.M - 1.00 P.M

Geriatric Special OPD: Tuesday - 9.00 A.M - 1.00 P.M

Oncology Special OPD: Thursday- 9.00 A.M - 1.00 P.M

Registration fees - Nil. A separate registration counter is near Siddha OPD No.110, 1st floor, Main OPD Building

List of Faculties/ Staff

S.No	Name of the Official/ Staff	Designation	Post
1.	Dr. R. Susila	Research Officer (Siddha) Sci- II & In-charge	Permanent
2.	Mr. Ranjodh Singh Rana	Admin Consultant	Honourarium
3.	Dr. M. Mohanapriya	Domain Expert (Siddha)	Contract
4.	Dr. J. Nikil Niva	Research Associate (Siddha)- III	Contract
5.	Dr.S.Surendar	Research Associate (Siddha)- I	Contract
6.	Dr.M.Priyadharshini	Junior Research Fellow (Pharmacovigilance)	Contract
7.	Mr. R. Ramakrishnan	Siddha Pharmacist	Permanent
8.	Mr. C. Iyyappan	Siddha Pharmacist	Permanent
9.	Mr. Anil Kumar Sharma	Dresser	Permanent

10.	Mr. Akshay Tiwari	Lab Attendant	Permanent
9.	Mrs. Lalita Rani	Female Therapist	Outsourcing
10.	Mr. Balram Singh	Male Therapist	Outsourcing
11.	Mrs. Raksha Devi	MTS	Outsourcing

OPD Data for the last 4 year

YEAR	New				Old				Total				Grand Total
	M	F	MC	FC	M	F	MC	FC	M	F	MC	FC	
2022-2023	1330	1164	18	12	2222	1788	71	55	3552	2952	89	67	6660
2023-2024	1523	1260	21	16	3508	2880	58	65	5031	4140	79	81	9331
2024-2025	1805	1393	26	19	4623	2927	62	88	6428	4320	88	107	10943
2025-2026	1285	1034	32	33	3497	2466	148	203	4782	3500	180	236	8698

Publications for the Last 4 years

S.No	Name of the Author	Title of the publication	Journal name and publication details	Citation
1.	Kavitha Tamilarasan, Susila Rathinam, Esaivani, Selvarajan, Usha Ayyasamy, Akila Balasubramaniyan, Shree devi Munusamy, Sathiyarajeswaranparameswaran	Pharmacological Actions of contents of Venpoosani Nei - A Siddha formulation for Leucorrhoea	Neuro Quantology July2022, vol 20, Issue 8, Pg 5800-5820	Kavitha Tamilarasan, Susila Rathinam, Esaivani, Selvarajan, Usha Ayyasamy, Akila Balasubramaniyan, Shree devi Munusamy, Sathiyarajeswaranpa rameswaran Pharmacological Actions of contents of Venpoosani Nei -

				A Siddha formulation for Leucorrhoea Neuro Quantology July2022, vol 20, Issue 8, Pg 5800- 5820]. (n.d.).
2.	Priya, B K, Aishwarya, Manickavasagam, R, Susila, R	Management of COVID - 19 with Siddha and Western Medicine – An Integrative Case Report	Journal of Family Medicine and Primary Care PubMed, ESCI	Priya, B K, Aishwarya, Manickavasagam, R, Susila, R Management of COVID - 19 with Siddha and Western Medicine – An Integrative Case Report Journal of Family Medicine and Primary Care PubMed, ESCI. (n.d.).
3.	Sushil Kumar P N, Arthi G, Rathinam.J, Geetha A, Lakshmanakumar V, Aishwarya A, Mirunaleni P, Monika T, Chaitanya, Krithika G, Akila B.	Significance of Siddha Thirithoda Balancing Food Stuffs	International Journal of Ayurveda and Pharma Research IJAPR August 2022 /Vol 10 /pg 63-68 Index Copernicus (ICV: 78.81) 22 /Vol 10 /pg 63-68	Sushil Kumar P N, Arthi G, Rathinam.J, Geetha A, Lakshmanakumar V, Aishwarya A, Mirunaleni P, Monika T, Chaitanya, Krithika G, Akila B. Significance of

				Siddha Thirithoda Balancing Food Stuffs International Journal of Ayurveda and Pharma Research IJAPR August 2022 /Vol 10 /pg 63-68 Index Copernicus (ICV: 78.81) 22 /Vol 10 /pg 63-68. (n.d.)
4.	Aishwarya, A. Priya, B. Elakkiyaa, MonikaT, Sushil Kumar, P.Mirunaleni, P.Chaithanya, K. Kiruthiga, G. Akila, B.	Kadukkai- Terminalia chebula Retz. (Elixir of Rejuvenation) – A Gift of Siddha Medicine	Journal of Pharmaceutical Research International (JPRI) JPRI/September 2022/vol -34/ issue 15 A/Pg-32-38 Index Copernicus ICV:100.00	Aishwarya, A. Priya, B. Elakkiyaa, MonikaT, Sushil Kumar, P.Mirunaleni, P.Chaithanya, K. Kiruthiga, G. Akila, B. Kadukkai- Terminalia chebula Retz. (Elixir of Rejuvenation) – A Gift of Siddha Medicine Journal of Pharmaceutical Research International (JPRI) JPRI/September 2022/vol -34/ issue 15 A/Pg-32-38 Index Copernicus ICV:100.00. (n.d.)

5.	Dr.J.Nikil Niva Dr.V.Hema Nandhini Devi	Autophagy from Siddhars Perspective in Preventing Non Communicable Diseases- A Review	International Journal of Ayurveda and Pharma Research IJAPR March 2023 Vol 11 Issue 3 Pg no: 56-59	Dr.J.Nikil Niva Dr.V.Hema Nandhini Devi Autophagy from Siddhars Perspective in Preventing Non Communicable Diseases- A Review International Journal of Ayurveda and Pharma Research IJAPR March 2023 Vol 11 Issue 3 Pg no: 56-59. (n.d.).
6.	Nikil Niva John Raja, Hema Nandhini Devi Veluchamy, Muthu Vignesh Sivanan	Management of Chronic sinusitis through Siddha Treatment - A Case Report	International Journal of Ayurvedic Medicine Vol.14 No. 2 (2023): April - June 2023 Pg no: 542-548	Nikil Niva John Raja, Hema Nandhini Devi Veluchamy, Muthu Vignesh Sivanan Management of Chronic sinusitis through Siddha Treatment - A Case Report International Journal of Ayurvedic Medicine Vol.14 No. 2 (2023): April - June 2023 Pg no: 542- 548. (n.d.).

7.	R Meena, G Kiruthiga, P Prakash	Evaluation of Siddha Compound Formulation Mahathoothulai chooranam in Combating Respiratory Illness: A Narrative Review. Research Journal of Pharmacy and Technology	Research Journal of Pharmacy and Technology 2023; 16(4):2057-0	R Meena, G Kiruthiga, P Prakash Evaluation of Siddha Compound Formulation Mahathoothulai Chooranam in Combating Respiratory Illness: A Narrative Review. Research Journal of Pharmacy and Technology Research Journal of Pharmacy and Technology 2023; 16(4):2057-0.
8.	G.Kiruthiga, Akila B, Geetha. A, Vasudevan. R, and Muralidass. SD	“Neuroprotective Efficacy of Siddha Spices, ‘Thirisadham’: A Review”.	Journal of Ayurveda and Holistic Medicine (JAHM) vol. 11, no. 3, Apr. 2023	G.Kiruthiga, Akila B, Geetha. A, Vasudevan. R, and Muralidass. SD “Neuroprotective Efficacy of Siddha Spices, ‘Thirisadham’: A Review.” Journal of Ayurveda and Holistic Medicine (JAHM) Vol. 11, No. 3, Apr. 2023.
9.	Geetha A, Bharatha Jothi P, Sushil Kumar PN, Kiruthiga G.	Kabhasura Kudineer and its ingredients against	The Journal of Phytopharmacology 2(4):258-264.	Geetha A, Bharatha Jothi P, Sushil Kumar PN,

		COVID -19. August 2023		Kiruthiga G. Kabhasura Kudineer and Its Ingredients against COVID -19. August 2023 The Journal of Phytopharmacology 12(4):258-264.
10.	J. Raja, N. Devi, Sridevi Lakshmikanthan, and Dr. Akila B,	Urolithiasis Treated by Siddha Medicine: A Case Report	Zenodo (CERN European Organization for Nuclear Research), May 2024, doi: https://doi.org/10.5281/zenodo.11142333	.J. Raja, N. Devi, Sridevi Lakshmikanthan, and Dr. Akila B, Urolithiasis Treated by Siddha Medicine: A Case Report Zenodo (CERN European Organization for Nuclear Research), May 2024, Doi: https://doi.org/10.5281/zenodo.11142333
11.	A.Priya, C.Srinivasan, M.Neethiraja, L.Sridevi, and A.Shakthi Paargavi	Effect of Suttigai Therapy for the Management of Kuthikaal Vatham - A Case Study	International Journal of Pharmacy and Pharmaceutical Research, Vol. 30 (3): 257-266	A.Priya et al. Ijppr.Human, 2024; Vol. 30 (3): 257-266.
12.	J. Raja, N. Devi, Sridevi Lakshmikanthan, and Dr. Akila B	A Drug Review of Poly Herbal Siddha Medicine Elai Erumal Rasayanam	African Journal of Biological Sciences, 6(8) (2024).358-37, doi: 10.33472/AFJBS.6.8	J. Raja, N. DevI, Dr. Akila B, S. L. A Drug Review of Poly Herbal Siddha Medicine Elai

			.2024.358-373. IF 0.20	Erumal Rasayanam African Journal of Biological Sciences , . 2024 , 6(8) (2024).358–37. https://doi.org/10.33472/AFJBS.6.8.2024.358-373 . IF 0.20.
13.	Neethiraja. M, Nalini Sofia. H, and Sridevi. L	A Comprehensive Review of Madakku Karisalai Thailam Formulation in Siddha Pharmacopoeia	J. Adv. Res. in Ayurveda, Yoga, Unani, Sidhha & Homeopathy Volume 11, Issue 3&4 - 2024, Pg. No. 24-28, Aug 2024, doi: https://doi.org/10.24321/2349.7181.202407	Nalini Sofia. H, Neethiraja. M.; Sridevi. L . A Comprehensive Review of Madakku Karisalai Thailam Formulation in Siddha Pharmacopoeia J. Adv. Res. In Ayurveda, Yoga, Unani, Sidhha & Homeopathy . 2024 , Volume 11, Issue 3&4–2024, Pg. No. 24-28 . https://doi.org/https://doi.org/10.24321/2349.7181.202407
14.	Akila. B, Bharathi. B, and Monika. T	Siddha Herbs And Medicines For The Treatment Of Breast Cancer With Emphasis On Cell Line Activity: A	<u>International Journal of Research in Ayurveda and Pharmacy</u> 15(4):155-160, Aug 2024, DOI: 10.7897/2277-	Akila. B, Bharathi. B, Monika. T. Siddha Herbs And Medicines For The Treatment Of Breast Cancer With

		Review	4343.154139	Emphasis On Cell Line Activity: A Review International Journal of Research in Ayurveda and Pharmacy, Aug 2024. 2024 , 15(4):155–160. https://doi.org/10.7897/2277-4343.154139 .
15.	Raja NN, Veluchamy HN, Sivanan MV.	Management of chronic non-healing venous stasis ulcer through Siddha intervention-a case report.	Journal of Ayurveda and Integrative Medicine. 2024 Nov 1;15(6):101034	John Raja, N. N., Veluchamy, H. N. D., & Sivanan, M. V. (2024). Management of chronic non-healing venous stasis ulcer through Siddha intervention - a case report. <i>Journal of Ayurveda and Integrative Medicine</i> , 15(6), 101034. https://doi.org/10.1016/j.jaim.2024.101034
16.	K. Tamilarasan, S. Rathinam, A. Balasubramaniyan, E. Selvarajan, E. Poovan,	Management of uterine fibroid with Siddha herbomineral	International Journal of Ayurvedic Medicine, vol. 15, no. 4, pp. 1122–	Tamilarasan, K., Rathinam, S., Balasubramaniyan, A., Selvarajan, E.,

	and S. Parameswaran	formulation Nandhi mezhugu - A Case report	1124, Jan. 2025, doi: https://doi.org/10.47552/ijam.v15i4.4732	Poovan, E., & Parameswaran, S. (2025). Management of uterine fibroid with Siddha herbomineral formulation Nandhi mezhugu - A Case report. <i>International Journal of Ayurvedic Medicine</i> , 15(4), 1122–1124. https://doi.org/10.47552/ijam.v15i4.4732
17.	Dr J Nikil Niva ¹ , V Dr Hema Nandhini Devi, Dr L. Sridevi, Dr R Susila, Dr. N. J Muthukumar	Management of Hyperlipidaemia using KNEA: A case report	Bioinformation Published on 31 August 2025. DOI: 10.6026/973206300212697	J NN, Devi HN V, L S, R S, Nj M. Management of Hyperlipidaemia using KNEA: A case report. <i>Bioinformation</i> . 2025;21(08):2697-2703. doi:10.6026/973206300212697
18.	Esaivani Selvarajan ^{1*} , Kavitha Tamilarasan ¹ , Susila Rathinam ² , Usha Ayyasamy ¹ , Kannan Muthiah ³ , Sathiyarajeswaran	Suggestions for re-purposing of Siddha Herbal formulations to COVID-19 positive patients with comorbidity -	International Journal of Ayurvedic Medicine Vol 16 (3), 2025; 591-599 Published on	S E, Tamilarasan K, Rathinam S, Ayyasamy U, Muthiah K, Parameswaran S. Suggestions for re-

	Parameswaran4	A review	30.09.2025 DOI: https://doi.org/10.47552/ijam.v16i3.5497	purposing of Siddha Herbal formulations to COVID-19 positive patients with comorbidity - A review. International Journal of Ayurvedic Medicine. 2025;16(3):591-599. doi:10.47552/ijam.v16i3.5497
19.	Nikil Niva John Raja, Sridevi L, Hema Nandhini Devi V.	Successful Management of Charcot Foot Ulcer Through Selected Siddha Regimen – A Case Report.	Research Journal of Pharmacy and Technology. 2026;19(1):250-6. doi: 10.52711/0974-360X.2026.00035	Raja NNJ, L S, Devi HN V. Successful management of charcot foot ulcer through selected Siddha regimen – a case report. Research Journal of Pharmacy and Technology. 2026;19(1):250. doi:10.52711/0974-360x.2026.00035
20.	Nikil Niva John Raja1 , Hema Nandhini Devi V2 , Susila R	Exploring the therapeutic potential of Siddha traditional medicine Eraippu Erumal Chooranam in managing bronchial	The Journal of Phytopharmacology 2026; 15(1):63-69 doi: 10.31254/phyto.2026.15108	Raja NNJ, Devi HN V, Susila R. Exploring the therapeutic potential of Siddha traditional medicine Eraippu Erumal Chooranam

		asthma: A comprehensive review		in managing bronchial asthma: A comprehensive review. The Journal of Phytopharmacology. 2026;15(1):63-69. doi:10.31254/phyto.2026.15108
21.	Nikil Niva John Raja1*, Susila Rathinam2, Hema Nandhini Devi Veluchamy3, Sridevi Lakshmikanthan4, Muthukumar NJ5	Management of Type 2 Diabetes Mellitus Through Effective Traditional Siddha Therapeutic Interventions: A Comprehensive Case Report	Int J Ayurvedic Med, Vol 17 (1), 2026; 285-293 DOI: https://doi.org/10.47552/ijam.v17i1.6572	Niva JRN, Rathinam S, Veluchamy HND, Lakshmikanthan S, Nj M. Management of Type 2 diabetes mellitus through effective traditional Siddha therapeutic interventions: A Comprehensive Case report. International Journal of Ayurvedic Medicine (Hyderabad). Published online March 31, 2026. https://ijam.co.in/index.php/ijam/article/view/6572
	Susila R, Sunil Kumar KN, Shakila R, Parthasarathy K, Vinayak S, PriyaBK, EsaivaniS,	Comprehensive Standardization of Agathiyar Kuzhambu: An	Journal of Chemical Health Risks (2026) 16(2), 4608-4626	Susila R, Sunil Kumar KN, Shakila R, Parthasarathy

	KavithaT, Sathish D	Indian Traditional Siddha Formulation		K, Vinayak S, PriyaBK, EsaivaniS, KavithaT, Sathish D Comprehensive Standardization of Agathiyar Kuzhambu: An Indian Traditional Siddha Formulation Journal of Chemical Health Risks (2026) 16(2), 4608-4626.
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Details of the best Research Programme completed in the last 5 years

S.No	Title and scope of the project	Sponsoring Agency, if any	Project Leader	Start Year	Completion Year	Duration in months
1.	An Open labelled RCT to evaluate the efficacy and safety of Siddha supplement (MAM Granules) along with standard Allopathy treatment in the management of RTPCR Positive Pre symptomatic Covid-19	CCRS	Dr.R.Manickavasagam	2021	2021	5 months

	patients.					
2.	Evaluation of Efficacy & Safety of two Siddha formulation for the treatment of Functional Constipation- A Comparative Randomized Clinical Trial”	CCRS	Dr.R. Manickavasagam	2018	2021	3 years (study duration 5 months)

Details of Ongoing Research Programmes:

S.No	Title and scope of the project	Principal Investigator
1.	Development and Validation of the Diagnostic Tool for Azhal (Az) Scale in Siddha Medicine – A Cross-Sectional Study	Dr. R. Susila, Research Officer (S)/Sci-2
2.	Development and validation of the Diagnostic Tool for Aiyam – Ai Scale in Siddha Medicine – A Cross-Sectional Study	Dr. R. Susila, Research Officer (S)/Sci-2
3.	An open-label, Exploratory, and comparative Randomized Controlled Trial to evaluate the efficacy and safety of Siddha formulation Kizkkaynelli Samooalm Chooranam Maathirai in the management of Matumekam (T2DM).	Dr. J.Nikil Niva, Research Associate (Siddha)-III
4.	Exploring the efficacy of siddha medicine “Ayabringaraja Karpam” in the treatment of Paandu (Iron Deficiency Anaemia) among the female patients attending OPD at Siddha Clinical Research Unit, New Delhi- A pilot Study.	Dr M.Mohanapriya, Domain Expert (Siddha)

Officer Incharge:Dr.R.Susila,MD(Siddha)



Events & Gallery



WHO 2ND GLOBAL SUMMIT 2026



INAUGURATION OF CANCER OPD AT SCR, NEW DELHI



AYUSH EXPO



SIDDHA DAY EXPO AT CHENNAI



**DDG (AYUSH VERTICAL), DIRECTORATE GENERAL OF HEALTH SERVICES,
MINISTRY OF HEALTH AND FAMILY WELFARE OFFICIAL VISIT TO SCRU,
NEW DELHI**



INTEGRATED CANCER OPD AT AIIA, NEW DELHI



SRP OPD AT KANCHI KAMAKOTTI PEEDAM, NEWDELHI



SRP OPD AT RAMAKRISHNA ASHRAM, NEW DELHI



SEMINAR AT MALAYSIA



ICMR RE-CAP PROGRAMME



POSHAN ABHIYAAN



POSHAN MAAH



SIDDHA CLASS FOR MBBS INTERNS OF VMMC



5TH IHEC MEETING AT VMMC, NEW DELHI



E-SANJEEVANI TELE CONSULTATION OPD